

HOW TO SURVIVE TABLE TOPIC SESSIONS

Motivational Strategies #4-6 - Manage Online Meetings
Toastmasters International
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AGENDA

- TABLE TOPICS FACTS
- THE WAY TO APPROACH
- FOUR STRATEGIES
- BEHAVIORAL TRAITS



TABLE TOPICS FACTS

1 - Prepared topics of different styles

2 - Training for better impromptu speaking skills



TABLE TOPICS FACTS

1 - Prepared topics of different styles

2 - Training for better impromptu speaking skills

3 - Mini speeches to get you started



AGENDA

- TABLE TOPICS FACTS
- **THE WAY TO APPROACH**
- STRATEGIES & METHODS
- BEHAVIORAL TRAITS



DO IT IN FIVE STEPS

I – Listen



DO IT IN FIVE STEPS

1 – Listen

2 – Pause



DO IT IN FIVE STEPS

- 1 – Listen
- 2 – Pause
- 3 – Confirm





DO IT IN FIVE STEPS

1 – Listen

2 – Pause

3 – Confirm

4 – Tell



DO IT IN FIVE STEPS

- 1 – Listen
- 2 – Pause
- 3 – Confirm
- 4 – Tell
- 5 – End



DO IT IN FIVE STEPS

- 1 – Listen
- 2 – Pause
- 3 – Confirm
- 4 – Tell
- 5 – End



AGENDA

- TABLE TOPICS FACTS
- THE WAY TO APPROACH
- **FOUR STRATEGIES**
- BEHAVIORAL TRAITS



FOUR STRATEGIES

I – Express an opinion



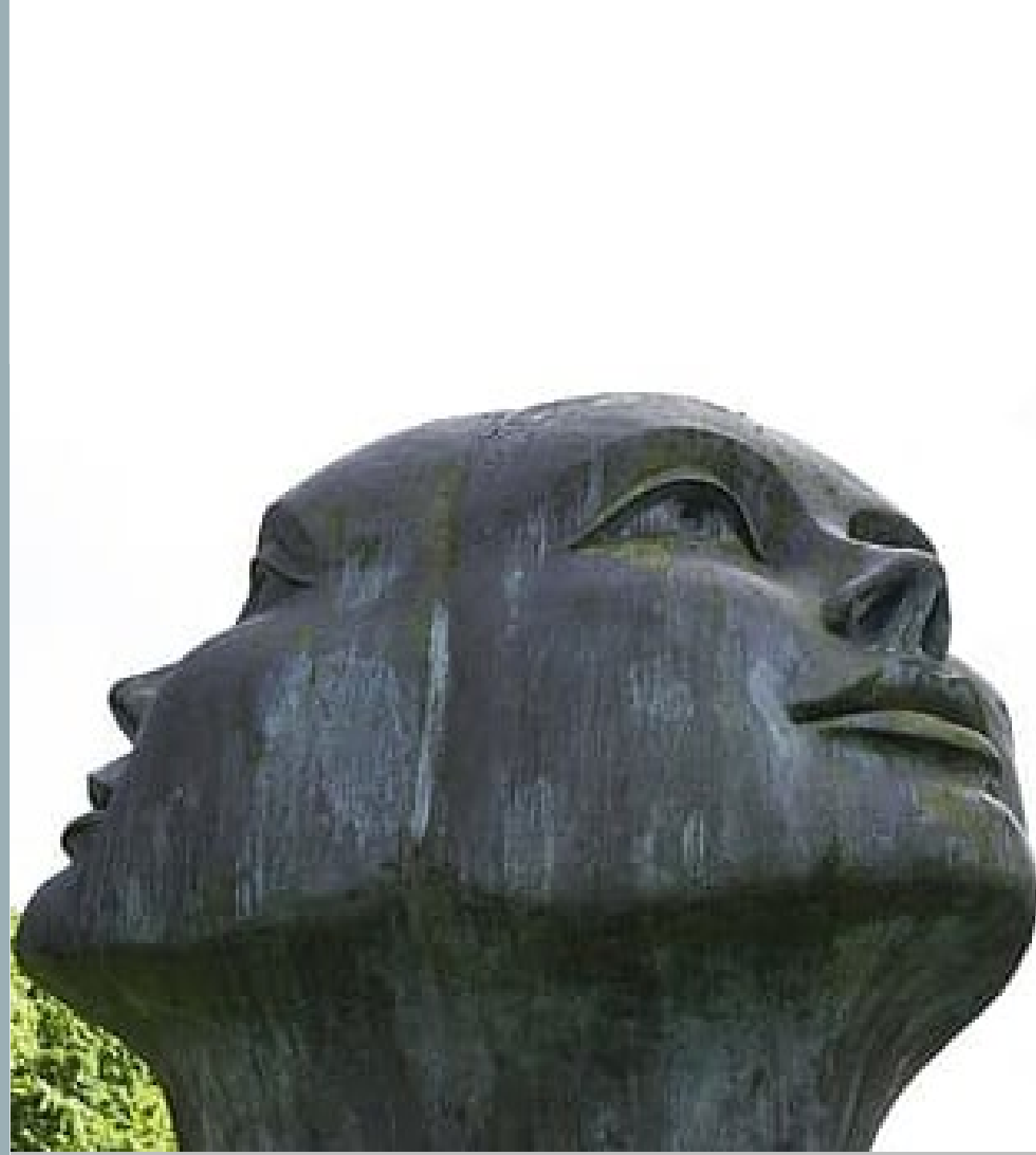
FOUR STRATEGIES

- 1 – Express an opinion
- 2 – Be a specialist



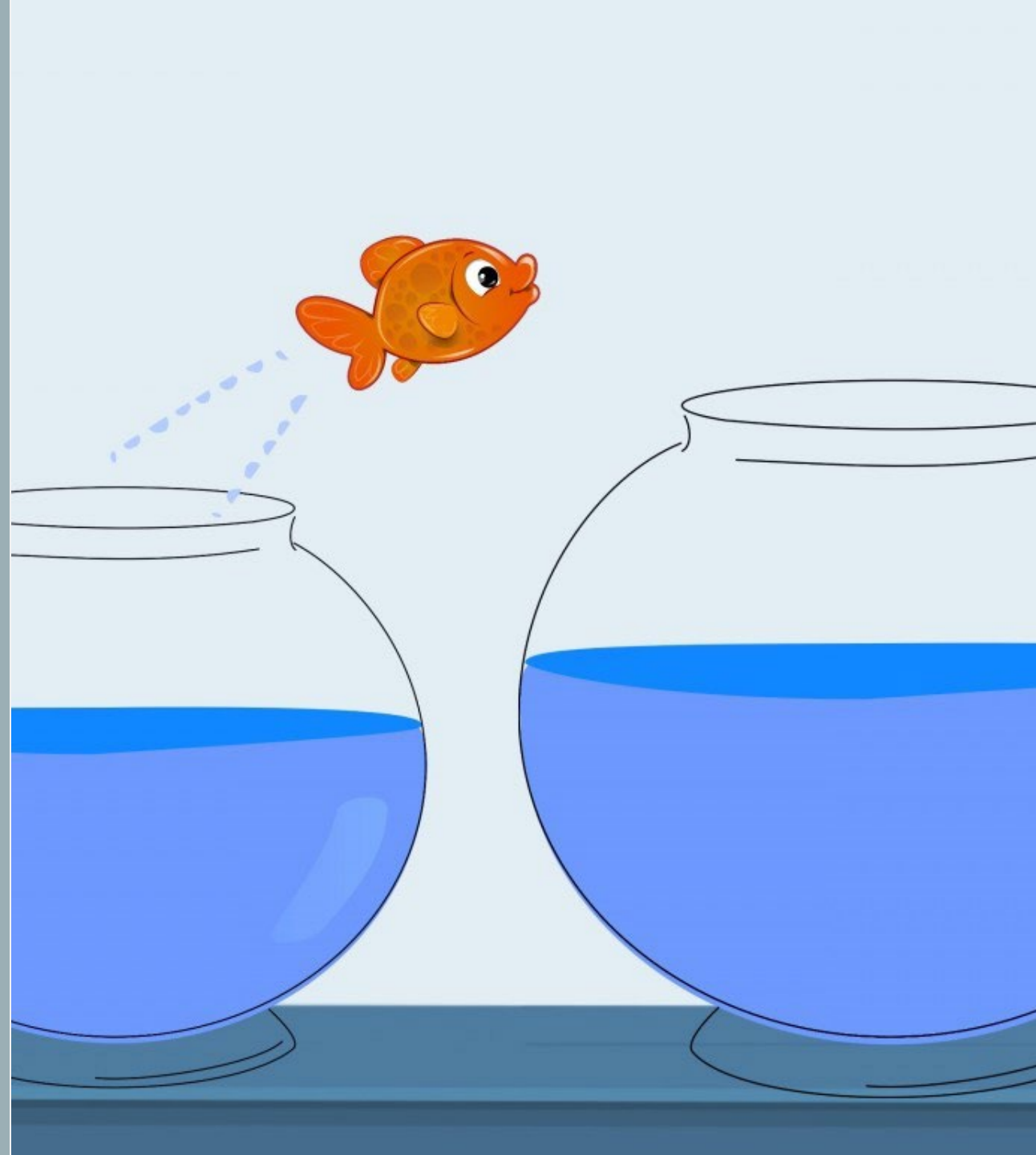
FOUR STRATEGIES

- 1 – Express an opinion
- 2 – Be a specialist
- 3 – Talk about both sides



FOUR STRATEGIES

- 1 – Express an opinion
- 2 – Be a specialist
- 3 – Talk about both sides
- 4 – Avoid the question



FOUR STRATEGIES

- 1 – Express an opinion
- 2 – Be a specialist
- 3 – Talk about both sides
- 4 – Avoid the question



AGENDA

- TABLE TOPICS FACTS
- THE WAY TO APPROACH
- FOUR STRATEGIES
- **BEHAVIORAL TRAITS**



IF THE STAGE IS YOURS

I – Be confident



IF THE STAGE IS YOURS

- 1 – Be confident
- 2 – Be brief

A photograph of a light box sign on a sidewalk at night. The sign is illuminated and displays the text "LESS IS MORE" in three lines. The background is dark with blurred city lights and a wet street reflecting the lights.

**LESS
IS
MORE**

IF THE STAGE IS YOURS

- 1 – Be confident
- 2 – Be brief
- 3 – Be sincere



SUMMARY

- REMEMBER THE FIVE STEPS
- CHOOSE A STRATEGY
- BE SMART AND YOURSELF





AND PRACTICE!

RESOURCES

Five Steps

Content based on material of The Better Speaker Series (see also file 273A_Impromptu Speaking)

Strategies:

<https://cogitotoastmasters.com/2017/03/06/7-techniques-to-tackle-table-topics/>

Behavioral traits

Content based on material of The Better Speaker Series